



Annual Report 2022

January 2023



NEIGHBORS HELPING NEIGHBORS **Fight hunger**

Serving clients weekly
Thursdays, 4 pm – 6 pm
Saturdays, 10 am - noon

3523 Beauchamp Street
Houston, Texas 77009
himpantry@gmail.com
himfoodpanty.org

2022 HIGHLIGHTS

By the Numbers

- In **2022** we served **7,026 Families (17% increase over 2021)** and **25,719 Individuals (12% increase)** across all Houston area ZIP codes. This includes more than 850 families served during our special Food Fairs and Share Your Holidays 2022 distribution.
- Since **2009**, we have served **66,356 families** and **243,730 individuals**.
- **22%** of our clients served in 2022 were **new** to our Pantry.
- We distributed more than **450,000 pounds of food**. Our **clients receive approximately 65 pounds of food** each time they visit. We source from many in the community:
 - 39% sourced from the Houston Food Bank
 - 18% donated via Second Servings
 - 7% donated by Kroger, Aldi, Panera, Starbucks, Kolache Shoppe and Apple Spice Bakery
- The **Senior Meal Delivery** Program delivered five frozen meals each week **to an average of 19** homebound seniors in area senior housing complexes.
- More than **470 volunteers provided 10,103 service hours** to the Pantry – truly showing our community's support.

Serving the Community

Moving into 2022, we saw a slowdown in the number of clients we served each week. In January, we averaged serving 111 families weekly. Numbers started increasing again during the summer, with the Pantry serving 173 families weekly in December. We **averaged serving 138 families per week** over the full year.

In addition to our weekly distributions, we held **3 food fairs** and were a distribution site for **Channel 13/ Houston Food Bank Share Your Holidays 2022**.

Our six member churches (**Christ the King Catholic Church, The Church at 1548 Heights, St. Andrew's Episcopal Church, St. Mark's United Methodist, The Vineyard of Houston, and Zion Lutheran Church**) continued to support our efforts, adding more volunteers and funds as the year progressed. In addition:

- **St. Mark's United Methodist Church Garden** provided **fresh produce** to the pantry.
- **St. Andrew's Episcopal Church Garden** provided fresh produce.
- **The Vineyard Church of Houston** hosted a community **Ecumenical Thanksgiving service**, with collected donations provided to the Pantry.
- **Member churches** held **food drives** throughout the year, providing much needed product for our shelves.
- The **Frank Caraway Endowment** fund, managed by St. Mark's Methodist Church, enabled us to purchase fresh produce and eggs.

Community Support

The pantry continued partnerships with **Second Servings Houston, Kroger, Panera, Aldi, Starbucks and The Kolache Shoppe**, providing us with additional sources for healthy food and fresh fruit and vegetables. **Main Street Ministries** and **Genoa Friendship Gardens** continued their support as well allowing us to provide fresh, organic produce to each client through the “harvest” months.

Harold’s on 19th donated fresh **Thanksgiving meals** to our seniors who participate in our Senior Meal program.

Moonshot Composting helped us divert more than 7,500 pounds from the landfill in 2022, composting product that would have been discarded in the trash.

Multiple community groups provided client support during our distributions including: **Houston Health Department, Family Scholar House, Easter Seals Financial Coaching**, and multiple **Affordable Health Insurance Groups**.

Additional community support: **Generation Serve volunteers** baked and packaged dog treats for our clients “extra” household members. **Books Between Kids** regularly provided us with books for children and adults. Multiple groups helped with collecting, bagging, sorting and distribution food throughout the year, including the **Muslim Women’s Service Group, Ontility, Heights Woman’s Club, St. Mark’s Methodist Church and Zion Lutheran Church**.

Financial Support

We work closely with many in the community to source product. However, 43% of the food & toiletries we provide needed to be purchased throughout the year. Community monetary donations ensured we had the funds to purchase dry goods, toiletries and fresh eggs. This was a huge help, as we started the year paying \$42.95 for 30 dozen eggs and ended the year paying \$112 for 30 dozen eggs – a 160% increase.

We received multiple grants throughout the year, including one from the **Houston Food Bank** providing us much needed **equipment (2-door cooler, pallet jack, computer and more)**.

Monetary donations from Heights Rotary Club, Heights Christian Church, and others allowed us to **renovate our volunteer check-in and prep area**, create an outside ‘**cart corral**’ which added workspace inside, as well as provide **updates to our shed and main pantry area**. We also have added **weekly recycling** service to manage the large amount of cardboard we receive and cannot reuse.

Ongoing Pantry Needs – How Can You Help?

Volunteer - The pantry is operated entirely by volunteers. To volunteer, click on the SignUp Genius link on the home page of our website—himfoodpantry.org. We limit all shifts to ensure health and safety. We do not pad our volunteer needs – if there is an empty slot, we need you!

Hold a food drive - Regular needs include meals in a can (chili, ravioli, etc.), canned beans, pasta and sauce, breakfast cereal and peanut butter.

Make a monetary donation - Your donations go directly to purchasing needed staples each week. To donate, go to the PayPal link on the home page or our website—himfoodpantry.org.

Heights Interfaith Ministries Food Pantry

2022 Board of Directors

Officers

President: Laurie Hardwick, St. Andrew's Episcopal Church
Vice President: Jane Ista, St. Mark's United Methodist Church
Secretary: Carolyn Keys, Zion Lutheran
Treasurer: Frances Barbini, Zion Lutheran

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Raymond Saucedo, Christ the King Catholic Church

Rick Box, The Church at 1548 Heights
John Watson, The Church at 1548 Heights

Cathey Harrison, St. Andrew's Episcopal Church

Jennifer Moffett, St. Mark's United Methodist Church

Amanda Mendoza, The Vineyard Church
Amanda Quintero, The Vineyard Church

Community Support

Executive Director: Terri Dougherty